

Neuroanatomy and Functional Impairment

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Disclosures

- Danielle Huber, PsyD Nothing to disclose
- Megan Samples, MS Nothing to disclose





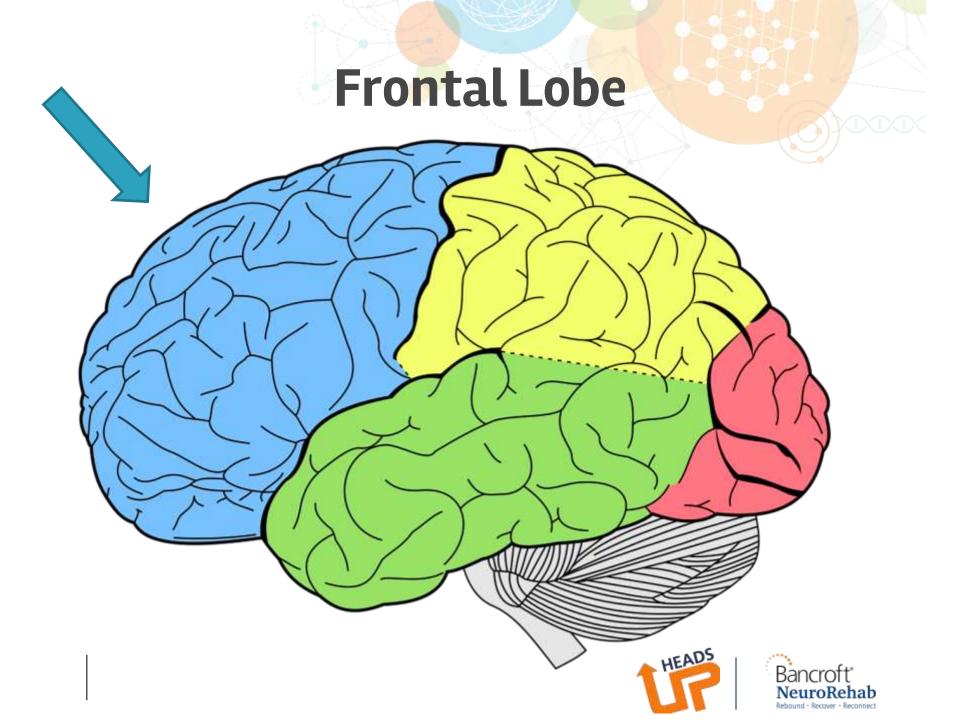
Following this session:



- You should be able to:
 - Identify lobes of the brain and their major functions
 - Describe several neurological syndromes associated with damage/dysfunction to each lobe
 - Demonstrate an understanding of the impact of damage/dysfunction on functional living skills
 - Identify interventions based on the specific location and presentation of neurologic damage/dysfunction







Frontal Lobe: Major Functions

- Executive Functioning
- Voluntary Motor Control
- Working memory and Complex Attention
- Language processing and Comprehension
- Emotional Regulation







Frontal Lobe: Syndromes

- Executive Functioning Deficit
- Frontotemporal Dementia
 - Behavioral Variant Frontotemporal Dementia
 - Primary Progressive Aphasia
- Traumatic brain injury





Frontal Lobe: Symptoms



- Cognitive Symptoms
 - Changes in executive functioning
 - Changes in working memory
 - Changes in complex Attention
- Physical Symptoms
 - Changes in motor functioning
- Behavioral Symptoms
 - Changes in personality
 - Changes in mood





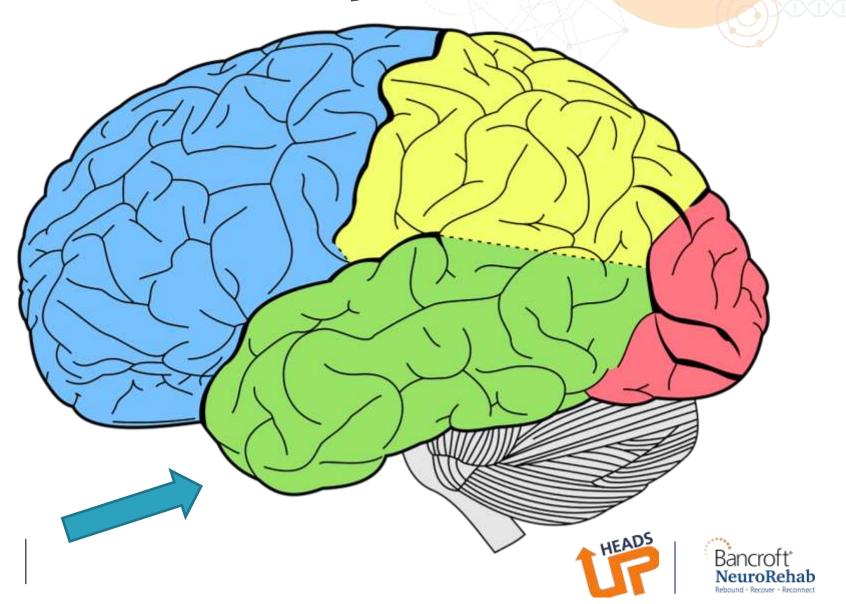
Frontal Lobe: Impact on Functioning and Recommendations

- Frontal lobe impairment can have an impact on:
 - Work/career
 - School
 - Interpersonal Relationships
 - Instrumental Activities of Daily Living
- Recommendations
 - Complex attention and working memory
 - Executive functioning
 - Seek referrals/advice from medical professional





Temporal Lobe



Temporal Lobe: Major Functions

- Primary function: Process sensory information that is used to create meaningful memories, language, and emotions
 - Learning and memory (hippocampus)
 - Memory: declarative, visual, verbal, spatial relationships
 - Memory processes
 - Language (primary auditory cortex)
 - Sound and language processing, semantic knowledge, language production
 - Emotions (amygdala)
 - Processing emotions





Temporal Lobe: Syndromes

- Alzheimer's disease
- Frontotemporal dementia
- Aphasia
- Prosopagnosia (faces)
- Temporal lobe epilepsy/seizures
- ► Klüver-Bucy Syndrome







Temporal Lobe: Symptoms

- Cognitive Symptoms
 - Memory impairment
 - Language problems (nonsense speech)
- Physical Symptoms
 - Seizures
 - Hearing loss
- Behavioral Symptoms
 - Depersonalization
 - Emotional instability
 - Psychosis
 - Mania





Temporal Lobe: Impact on Functioning and Recommendations

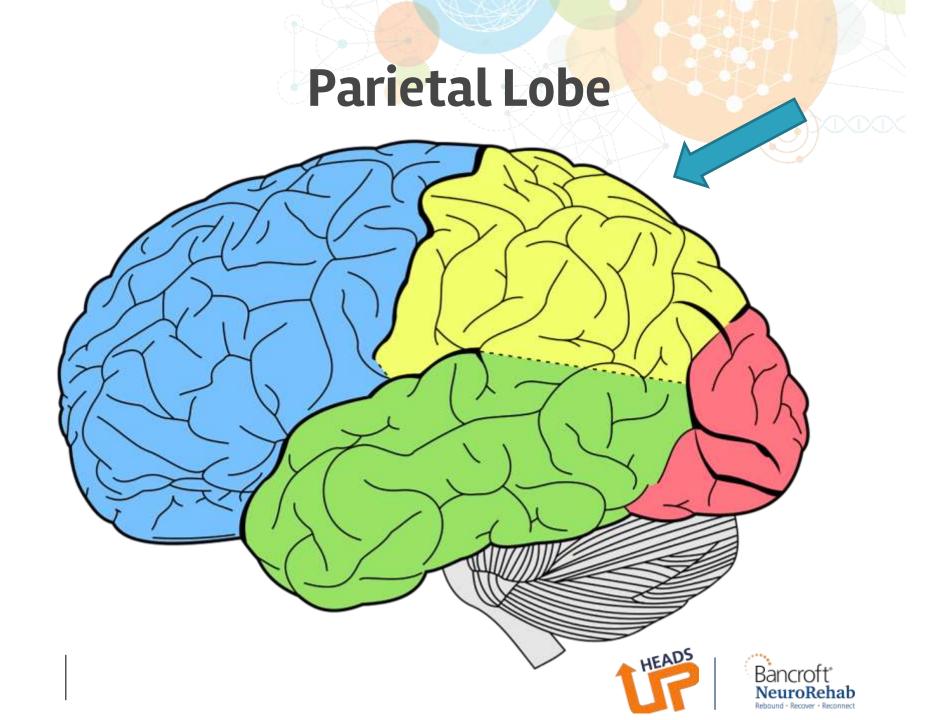
- Aphasia
 - Assessment is crucial
 - Speech fluency, speech comprehension, repetition
 - ► Tailor interventions to clients' strengths
 - Communicate in writing
 - Visual information
 - ► For the provider
 - Be patient
 - Referral to speech therapy





Temporal Lobe: Impact on Functioning and Recommendations

- Memory Impairment
 - Assessment: strengths and weaknesses, etiology
 - Tailor interventions to clients' strengths
 - Visual vs Auditory/Verbal
 - Reminders/Cues
 - Repetition
 - Memory book, calendar, notes
 - Provide written summaries of care
 - Family/Caregiver involvement in treatment
 - Caregiving resources
 - Alzheimer's Association www.alz.org
 - Referral to cognitive therapy, psychotherapy when appropriate



Parietal Lobe: Major Functions

- Integration station (somatosensory cortex)
- Attention
- Visuospatial abilities
- Numerical processing
- Memory
- Language processing







Parietal Lobe: Syndromes (The A's)

- Damage often related to stroke or brain injury
- Apraxia (movements on command)
 - Constructional apraxia (drawing, building objects)
 - Dressing apraxia (left inattention when dressing)
- Acalculia (calculations)
- Anosognosia (insight)
- Alexia with agraphia (reading and writing)
- Tactile agnosia (recognize objects through touch)
- Optic ataxia (reaching for objects)

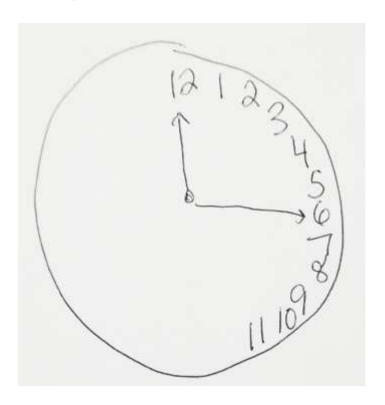




Parietal Lobe: Other Syndromes

- Gerstmann syndrome
- Balint syndrome
- Hemispatial neglect









Parietal Lobe: Symptoms

- Cognitive, Physical, and Behavioral Symptoms
 - Difficulty drawing objects
 - Left right confusion
 - Topographical disorientation (getting lost)
 - Problems with reading, writing, understanding symbols
 - Difficulty dressing
 - Problems with math
 - Difficulty with gestures
 - Inattention
 - Sensory problems (numbness, tingling, trouble feeling hot and cold)





Parietal Lobe: Impact on Functioning and Recommendations

- Interference with ADLs
 - Problems dressing, reaching for objects
- Interference with IADLs
 - Neglect!, navigation, visuospatial problems, inattention, reading, writing
- Comprehensive rehabilitation program including physical, occupational, and speech therapies
- Supportive psychotherapy
- Anosognosia (awareness of deficit)





Parietal Lobe: Impact on Functioning and Recommendations

- Treatment should be tailored to each person's unique strengths and weaknesses
- Comprehensive rehabilitation program including neurology, neuro-ophthalmology when appropriate, physical, occupational, and speech therapies
- Occupational therapy (ADLs, IADLs, assistive devices)
- Cognitive therapy
- Supportive psychotherapy when appropriate





Parietal Lobe: Impact on Functioning and Recommendations

Anosognosia

- May interfere with rehabilitation and recovery
- Safety concerns
- Conflict with caregiver and treatment team

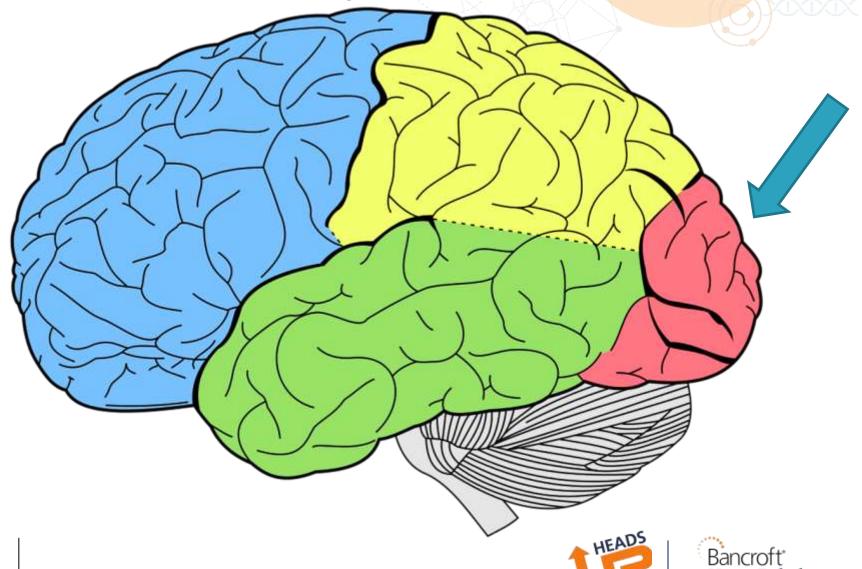
Recommendations

- Comprehensive safety evaluation (safety first)
- Ensure medication adherence
- Vestibular therapy, Cognitive therapy
- Implement a structured environment
- Simplify tasks
- Stay positive; Use empathy and show concern
- Caregiver education and support





Occipital Lobe



Occipital Lobe: Major Functions and Syndromes



- Occipital Lobe
 - Visual Processing
- Associated Damage
 - Cortical Blindness
 - Anton Syndrome
 - Simultanagnosia





Occipital Lobe: Symptoms

Damage to the occipital lobe may cause:

- Hallucinations
- Blindness
- Inability to see color, motion, or orientation







Occipital Lobe: Impact on Functioning and Recommendations

Occipital lobe impairment can have an impact on:

- Work/career
- School
- Instrumental Activities of Daily Living

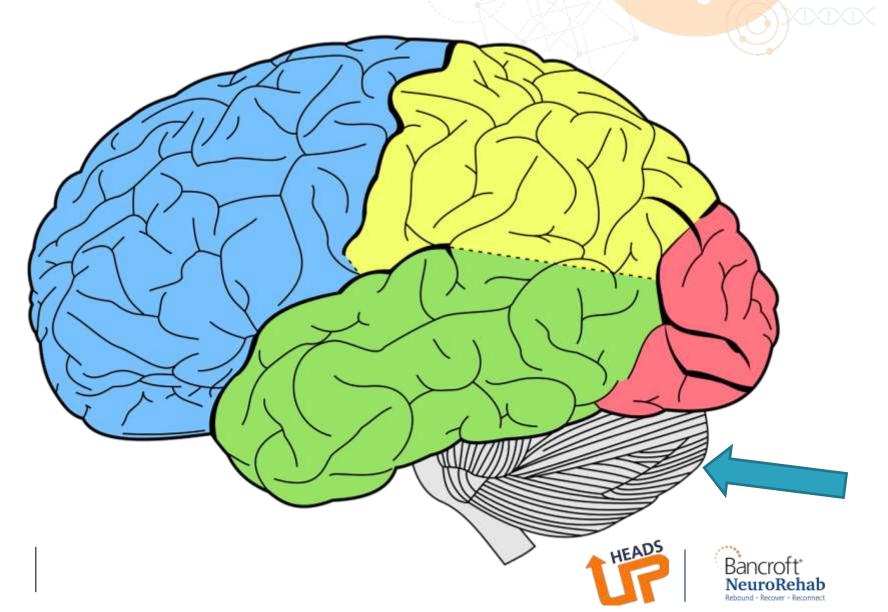
Recommendations







Cerebellum



Cerebellum: Major Functions

- Maintenance of balance and posture
- Coordination of voluntary movements
- Motor learning
- Other cognitive functions (e.g. language)







Cerebellum: Syndromes

- Cerebellar Ataxia
 - Etiology
 - Acquired: stroke, infection, toxin, nutritional deficiency
 - ☐ Genetic: spinocerebellar ataxias, mitochondrial ataxia
 - ☐ Idiopathic: multiple systems atrophy
 - Presentation
 - Problems with posture or gait
 - Decomposition of movement
 - Course
 - Progressive/degenerative vs stable





Cerebellum: Syndromes (Ataxia)

- Motor learning deficits
- Dysmetria (accuracy)
- Dysdiadochokinesia (alternating movements)
- Dysphagia (swallowing)
- Speech irregularities
 - Scanning speech (staccato speech)
 - Dysarthria (articulation of phonemes)
- Intention tremor (action)
- Nystagmus (eyes)





Cerebellum: Syndromes

- Cerebellar cognitive affective syndrome (CCAS)
 - Executive function
 - Linguistic processing
 - Spatial cognition
 - Affect regulation







Cerebellum: Symptoms

- Balance problems
- Falling
- Speech
- Swallowing
- Cognitive deficits may be more subtle







Cerebellum: Recommendations

- Individualized approach
 - Symptom management
 - Staying active
- Don't overlook <u>cognitive</u> and <u>affective</u> deficits
 - Executive functioning, social cognition, mood, etc.
- Comprehensive rehabilitation approach
 - Work closely with a neurologist/treatment team
 - Speech, occupational, physical, vestibular therapy
 - Safety interventions (falling, balance, swallowing, etc.)
 - Individual psychotherapy
- Caregiver support
 - National Ataxia Foundation (ataxia.org)



Take Home Messages

- A general understanding of the impact of dysfunction/damage to specific brain regions can guide management
- Even subtle cognitive and affective deficits can have a major impact on quality of life
- Assess strengths and weaknesses
- Tailor management strategies to the individual







Questions?







Thank you!





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